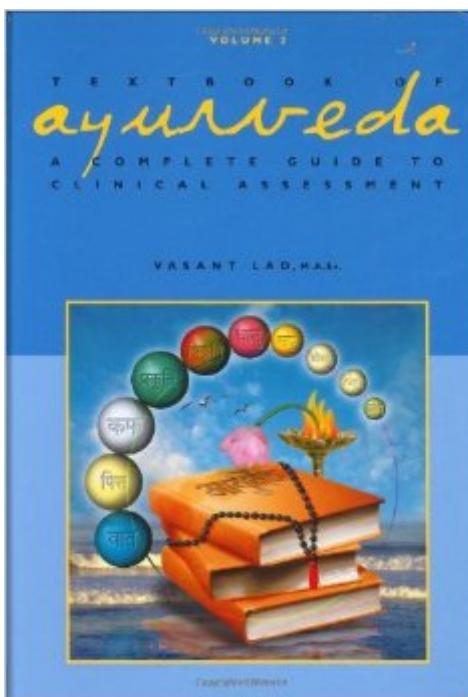


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# Textbook Of Ayurveda, Volume Two: A Complete Guide To Clinical Assessment



## **Synopsis**

Vasant Lad presents this ages-old science in a framework that is clearly accessible to the modern student while remaining true to its ancient roots, clarifying the mysteries of Ayurveda from the classical Sanskrit texts. This text builds upon the information in Volume One, imparting the essential elements of clinical assessment. Vasant Lad describes the many categories and stages of disorders and disease from the ancient texts of Ayurveda. He then shows you how to detect and evaluate the conditions of the client. Offering a thorough training in client assessment, the reader will come away with a new level of expertise in service to and knowledge of one's patient. Knowing precisely where the client is in the disease process enables the clinician to determine the most effective level of care necessary for them. Filled with illustrations, tables, charts, clinical forms and practical examples, this book will lead the student through the methods of assessment using the historical applications of Ayurveda as well as more modern terms and techniques. \* Discover in-depth techniques of assessment that include the five clinical barometers, three categories of clinical examination, eight methods of clinical examination, constitutional assessment and assessment of agni and metabolic waste. \* Outlined as well are detailed and specialized information on disorders of the doshas, tissues, prana, tejas, ojas and the bodily channels. \* Gain new understanding of the disease process, its stage of progression and the subtleties of the inner workings of the body. \* Included are assessment forms for a full patient evaluation. These are the very methods used by Dr. Lad in his clinics.

## **Book Information**

Hardcover: 416 pages

Publisher: The Ayurvedic Press; 1st edition (January 31, 2007)

Language: English

ISBN-10: 1883725119

ISBN-13: 978-1883725112

Product Dimensions: 10 x 1.2 x 7.1 inches

Shipping Weight: 2.5 pounds (View shipping rates and policies)

Average Customer Review: 4.7 out of 5 starsÂ  See all reviewsÂ  (26 customer reviews)

Best Sellers Rank: #176,063 in Books (See Top 100 in Books) #57 inÂ  Books > Health, Fitness & Dieting > Alternative Medicine > Ayurveda #13260 inÂ  Books > Medical Books

## **Customer Reviews**

I have this textbook as well as volume 1 and the minute volume 3 is released, later in the year, I will

have that one too. This book is really great, straight and true Ayurveda with no "extra stuff" and all the knowledge Dr. Lad generally packs into his books. They are also easy to read which makes learning Ayurveda easier.

Dr. Lad was instrumental in introducing Ayurveda to the West. Over the past three decades has immersed us in the basics of Ayurveda and, with Volume 1, 2 and 3 of his textbooks, he is walking serious students of Ayurveda ever closer to being able to understand and practice more advanced Ayurvedic concepts and techniques. He is a rare and precious gift. All three volumes of his textbooks are reflections of this and essential for serious students of Ayurveda.

This book is really good. It is written very artistically and it takes the boredom out of textbooks and I would know I have studied many science textbooks (memorised). The book is really well written. I am studying Ayurveda and this book is a total godsend. Enjoy.

Very well written. Book is of good quality, with easy-to-read print and diagrams, as well as good texture of paper. If you are interested in Ayurveda, this text will not confuse you. It will enlighten you.

Being an Electronics Engineer by profession, I have found all the three volumes of this text book very simple, easy to understand and comprehensive in all respects. I am eagerly awaiting the fourth volume of this text book so that it fulfills gap in my knowledge on Ayurveda. It appears to me after reading his books that Dr Vasant Lad has extensive knowledge and clinical experience in ancient Ayurveda.

This information is easy to read and accessible for any student at any level. I have added it to my library as it is a great reference book. I recommend it and all of his books!

These texts are very good. They have given me new insight into Ayurveda along with all of the knowledge I would need to become a practitioner and someday an Ayurvedic Counselor.

A must read for anyone who is seriously interested in their health and well being naturally. An awesome well written book

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